## CULTURAL HUMILITY IN CHILD WELFARE PRACTICE

NMFAP ECHO

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#### Objectives

- Reframe understanding of importance of cultural competency to necessity for cultural humility
- Recognize the connection between cultural humility and safety for motivating and engaging clients
- Demonstrate ways to include cultural humility into your child welfare practice



#### Cultural Competence

VS.

Cultural Humility

#### Cultural Competence vs. Cultural Humility

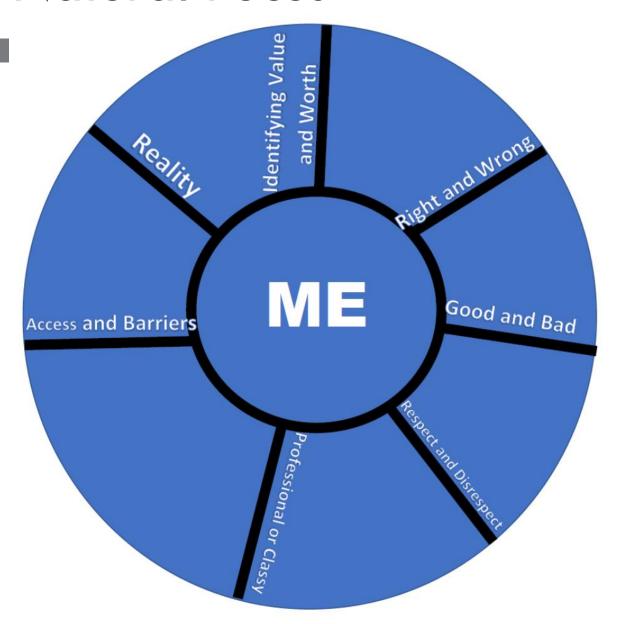
#### **Cultural Competence**

taught, learned, trained, and achieved

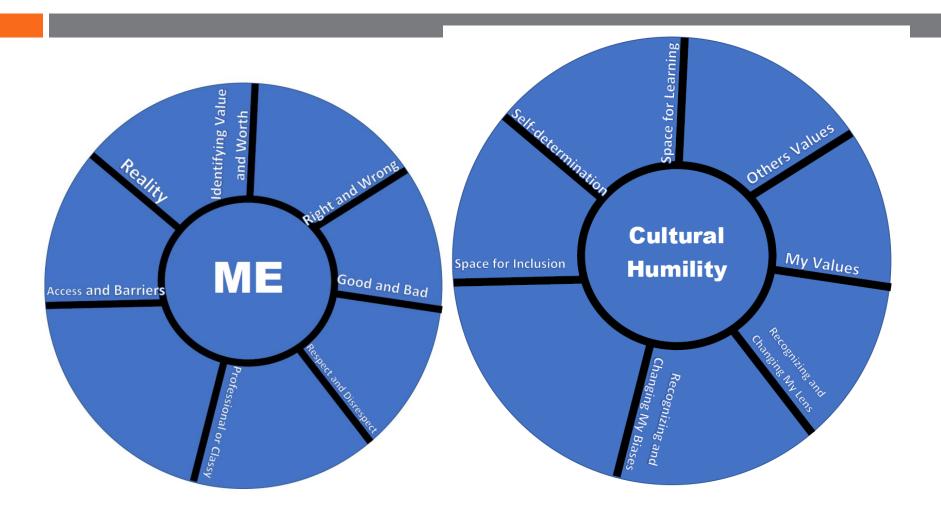
#### **Cultural Humility**

- ongoing process
- self-reflection and personal critique
- social justice issues

#### Our Natural Focus



## **Cultural Humility**

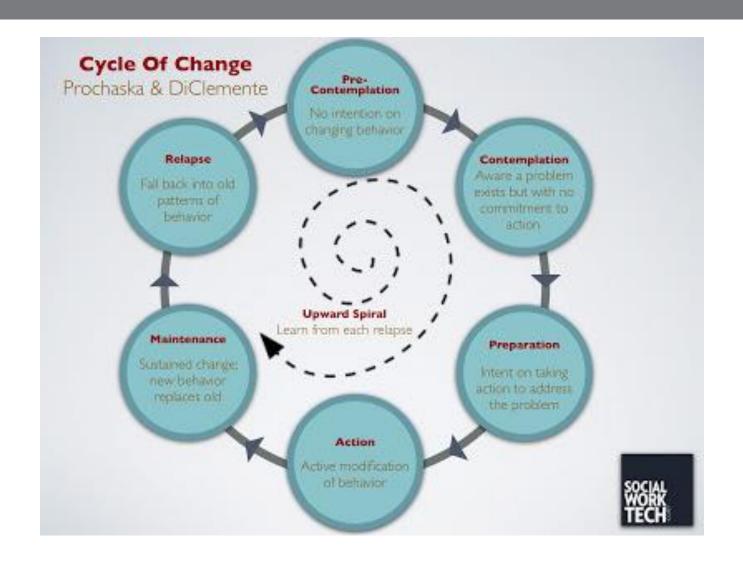


#### Forget the Golden Rule

Cultural Humility says, "Do onto others as they would have you do onto them"

# Cultural Humility in Child Welfare

#### Guiding Clients Toward Change



Change Requires Motivation and Engagement that Comes with Client Safety

#### Client Safety

- You Can't Identify Yourself as Safe
- Recognizing the Social Issues of Race/Ethnicity
- Recognizing Power and Privilege
- Connecting History to Current Fears, Coping Skills and Barriers

## Assessing if History is in the Past



"The child is with really great foster parents. They have her in a great school and she's really able to succeed now."

# The Key to a Cultural Humility Practice in Child Welfare

#### Critically Self Reflective Practice

Have I Just Missed an Opportunity to Learn About Myself?

Have I Just Missed an Opportunity to Connect with Someone Else?



#### Questions Comments Concerns

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